

## **PREPARATION FOR PERIODONTAL/IMPLANT SURGERY**

### WEEK PRIOR TO SURGERY

- Inform the office of any changes in your health or the medications you are taking.
- Do not take any Aspirin for 7 days prior to your surgery.
- Inform your employer that you are about to have oral surgery and that time off from work might be necessary after the surgery.
- Fill any prescriptions Dr. Ghiabi may have prescribed for you.
- You may want to prepare special (soft) food for after your surgery.

### NIGHT PRIOR TO SURGERY

- Do not take any Aspirin or Aspirin-containing medications.
- Take any medications prescribed by Dr. Ghiabi as instructed.
- Minimize drinking alcoholic beverages.
- Eat a nutritious food.
- Have a good night's rest.

### MORNING OF SURGERY

- **IF ORAL SEDATION IS PLANNED, DO NOT EAT OR DRINK 2 HOURS BEFORE YOUR APPOINTMENT.**
- Otherwise, eat a light breakfast, but avoid taking excessive liquid (tea or coffee) and fatty food (butter or eggs).
- If surgery is planned in the afternoon, eat a light lunch.
- Take any medications prescribed by Dr. Ghiabi as instructed.
- Wear comfortable loose-fitting clothing.
- Do not wear facial make-up or nail polish.
- For men: If you have a beard, please shave it before your surgery.
- If possible, arrange for someone to drive you home after surgery.