

INSTRUCTIONS FOR CONSCIOUS SEDATION

BEFORE YOUR APPOINTMENT

- We will provide you with the sedation medication when you arrive at the office.
- Do not eat or drink 2 hours before your appointment.
- Wear comfortable loose-fitting clothing.
- Do not wear facial make-up or nail polish.
- Do not drink alcoholic beverages for 24 hours.
- Do not take sleeping pills for 24 hours.

AFTER YOUR APPOINTMENT

- Do not drive or operate hazardous machinery for 24 hours.
- You will require a responsible person to take you home and remain with you for the remainder of the day.
- Do not drink alcoholic beverages for 12 hours.
- Do not take sleeping pills for 12 hours.
- Do not climb stairs without assistance until completely recovered.
- No heavy lifting until completely recovered.
- Drink lots of water.

TO SPEAK WITH A STAFF MEMBER DURING REGULAR OFFICE HOURS, PLEASE CALL
902- 407-7377.