

### INSTRUCTIONS FOR CHILDREN UNDERGOING CONSCIOUS SEDATION

Conscious sedation will often help reduce anxiety and fear during dental treatment. Though we do not “put children to sleep”, they often have a light nap during the treatment. To help ensure a successful treatment outcome, please pay attention to the following:

- **Health status-** If your child has a runny nose, a cough or a cold, we will have to reschedule the appointment to when she/he is feeling well.
- **No dairy products-** To minimize nausea and vomiting during the appointment, your child should not have any dairy products for a minimum of 4 hours before appointment.
- **Arriving to the office:** You will be required to fill out some paperwork on your arrival to the office. Therefore, it is important that you arrive to the office on time. If you arrive late, the appointment may have to be rescheduled.
- **Medications:** If your child is taking any medications, please contact the office prior to your child’s appointment.
- **No medications-** On the appointment day, please do not give your child any of the following medications: Tylenol, Advil, Gravel, or a cough medicine.
- **Favorite toy or blanket:** You can bring your child’s favorite toy or blanket to the appointment. This will help relax her/him.
- **Monitoring your child while sedation is taking effect:** After the administration of the sedation medication, your child will have to wait in the waiting room until she/he is called to the treatment room. During this time, you are responsible for the safety of your child. Since you must be with your child during this time, the company of other siblings is not permitted.
- **Appointment time-** Often the appointment for your child may take 2-3 hours.
- **Sedation fee:** There will be a sedation fee due on the day of the appointment.
- **Dental Insurance:** Private dental insurance and/or MSI will often cover the cost of treatment up to the last month of the child’s 15<sup>th</sup> birthday. After this, you will be responsible to pay for services not covered by insurance on the day of the appointment.
- **Cancellation fees:** Our office requires a 48-hour advanced cancellation notice. There is a \$100.00 cancellation fee for inadequate notice time, and for failing to attend an appointment. Also, if we do not have a current phone number and cannot confirm your appointment, the appointment will not be held.